

# PAIRS Practical Skills for Success

*“Success in life takes tools.  
PAIRS gives you the tools  
to be successful.”*

Richard Marriott, President, Host Hotels & Resorts



For the past thirty years, the acclaimed PAIRS program has helped thousands enjoy greater happiness, success, and pleasure in their lives. In this all day workshop, you'll develop supercharged communication skills, understand the logic of love and emotions, enhance empathy and connection, gain insights into yourself and others, learn to negotiate differences, and deepen love, intimacy and connection.

PAIRS is invaluable for couples in any stage of relationship, from dating or engaged couples, newly married couples, same sex couples, long-term relationships and those on the brink of separation or divorce. PAIRS helps couples involved in a good relationship that want to make it even better, couples in a relationship rut, lacking passion and intimacy, and couples in a cycle of blame and defensiveness, anger, resentment and hurt.

## ENROLLMENT OPEN, REGISTER EARLY

### *Where*

Office Suites Plus Large Conference Room  
201 Shannon Oaks Circle,  
Cary, NC 27511

### *When*

**Saturday, January 9, 2010**

from 9:00am until 3:00pm  
with mid-day lunch break

Price \$245 per couple  
materials included

limited space available

To learn more about the program or to  
register, please contact

[susan@orensteinsolutions.com](mailto:susan@orensteinsolutions.com)

or call (919) 428-2766 ext. 1

Advance Registration Required.  
Space is Limited.



[www.PAIRS.com](http://www.PAIRS.com)



**ORENSTEIN**  
SOLUTIONS, P.A.

[www.OrensteinSolutions.com](http://www.OrensteinSolutions.com)

Presented by licensed psychologist, Dr. Susan Orenstein. Susan has been in private practice for over twelve years, specializing in relationship issues. She is very excited about bringing this workshop to the Triangle.

